

## GENERAL INFORMATION & ADMINISTRATION

Opening on Valentine's Day, 1971, East Jefferson General Hospital started as a 250-bed facility with almost 250 physicians serving the newly burgeoning suburbs of Jefferson Parish. From the beginning, the hospital was to be a not-for-profit community hospital with a board of directors comprised of representatives from the community's financial, educational, civic, and business community. Today, EJGH stands as a state-of-the-art hospital with more than 450 beds. Still a community hospital with a board comprised of representatives throughout the community, our patients are served by a staff of more than 3,000 team members and more than 650 physicians.

## RECOGNITION

### *Gold Star*

EJGH received the Gold Star Award from the American Heart Association in 2009 for its successful treatment of heart failure patients.

### *Magnet Status*

In 2002, EJGH became the first hospital in Louisiana to earn the prestigious Magnet Status for nursing excellence from the American Nurses Credentialing Center. In 2006, EJGH was one of only a handful of hospitals able to raise their standards high enough to earn the distinction of being renewed as a Nurse Magnet Hospital.

## CLINICAL EXPERTISE

### *Cardiovascular Services*

Cardiovascular Services at East Jefferson General Hospital cares for the heart of the East Jefferson community. The cardiologists and cardiovascular surgeons work with a staff of highly trained nurses, therapists and technicians to deliver high quality patient care. For patients who are recovering from heart surgery, or who have had a diagnosis of heart disease, the Cardiac Rehabilitation program at EJGH is accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation. For more information about our cardiology and cardiovascular services, call 504-454-4102.

### *Diabetes Management & Wound Center*

The Diabetes Management Center offers evaluation, individual and group education and support for people living with type 1 and type 2 diabetes. The center strives to empower patients to successfully manage their diabetes on a daily basis. The Wound Center provides multidisciplinary outpatient treatment for patients with chronic non-healing wounds that can include wounds as a result of diabetes, excessive pressure (bedsores), circulatory conditions, trauma or surgery. The Diabetes Management & Wound Center can be reached at 504-454-5609.

### *Geriatric Services*

Geriatric Services at East Jefferson General Hospital cares not only for patients, but also provides assistance for caregivers as well. The Adult Day Health Center offers a safe and enjoyable place that helps clients maximize their independence, while giving caregivers worry-free time to work, run errands or just relax. The Geriatric Behavioral Health Unit is designed to cater to the unique needs of seniors with psychiatric disorders, providing the safe and comfortable environment essential to successful treatment. This secure, 11-bed psychiatric unit is designed to treat patients 65 or older with a variety of psychiatric diagnoses. For more information, please call 504-780-5890.

### *Regional Cancer Center*

East Jefferson General Hospital's Regional Cancer Center is affiliated with M.D. Anderson Physicians Network and offers the latest in diagnostic and treatment technology in our community. The Regional Cancer Center is located in the Yenni Pavilion at the corner of Ithaca and Hudson Streets. Comprehensive services offered through this facility include infusion and radiation therapy, as well as inpatient oncology. EJGH also maintains a computerized database of all our patients diagnosed with, or treated for, cancer. This data allows the hospital to participate in patient care studies that will ultimately improve care for patients with cancer. The registry also holds weekly multidisciplinary meetings of physicians and other healthcare professionals to discuss cases for the benefit of current and future oncology patients. To reach a physician or our Cancer Care Navigator, call HealthFinder at 504-456-5000.

### *Pulmonary Rehab*

The goal of Pulmonary Rehabilitation is to restore the fullest functional capacity possible for patients with chronic lung disease. It involves diagnostic testing, patient education, respiratory therapy and physical conditioning to minimize the effects of disease. The Pulmonary Rehabilitation program is accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation. To contact us, please call 504-849-8790.

### *Radiology*

The Radiology and Radiation Therapy Departments have the most advanced technology in our region, including: 3-T MRI, Trilogy Cancer System, Novalis Tx, 64-Slice CT Scanner, PET/CT, Brachytherapy, and more. The Radiology and Interventional Associates of Metairie (RIAM) staffs the Radiology Department on a 24/7 basis, and maintains several fellowship-trained radiologists in multiple specialties, including neuroradiology, interventional, body imaging and musculoskeletal. Images are available to be viewed from your physician's office soon after the completion of a study. For more information, please contact Radiology at 504-454-4314 or Radiation Therapy at 504-456-5139.

### *Sleep Center*

EJGH's Sleep Disorders Program can help diagnose sleep disorders such as sleep apnea, insomnia and chronic snoring, and restore restful sleep. Sleep disorders are diagnosed through sleep studies conducted in the Sleep Center. Our center has bedrooms and a control room where a registered polysomnographic technician and a certified respiratory therapist can monitor patients throughout the study. For additional information, please call 504-849-8700.

### *Total Joint Program*

Developed by physicians and other healthcare professionals, the Total Joint Program at EJGH is an important aid to recovery after hip or knee replacement surgery. This service is provided at no extra charge to the patient. The Total Joint Program consists of preoperative education, an individual inpatient guide to recovery, assistance in discharge planning, and monitoring of recovery and progress at home. For general information, please call 504-454-4215.

### *Woman & Child Services*

Woman & Child Services cares for women at every stage of life. Whether expecting a baby or experiencing symptoms of menopause, a woman can find the education, support and expert medical care she and her family needs. Comprehensive healthcare services include labor, delivery and postpartum care, gynecologic care, and pediatric care for newborns and older children. EJGH offers ongoing family support and educational programs throughout the year. For more information, call Woman & Child Services at 504-454-5555.

## COMMUNITY RELATIONS

East Jefferson actively supports the community we serve with a wide variety of outreach programs. Some of these include: free and discounted healthcare screenings, seminars on healthcare topics, Healthy Lifestyles healthcare segments aired weekly on WWL-TV, programs designed to educate children in the Jefferson Parish schools, and our Healthy Lifestyles magazine, a quarterly publication to inform members of the community about important healthcare issues and community offerings.

## COMMUNITY SERVICES

### *Emergency Services*

Established in 1979, East Jefferson General Hospital's Emergency Medical Services (EMS) team provides 911 service for the entire East Bank of Jefferson Parish, including Metairie, Kenner, and Harahan. EJGH's emergency medical technicians and paramedics answer nearly 40,000 calls per year with an average response time of five to six minutes. EMS units are strategically placed throughout the service area to reduce response time.

### *The Fitness Principle with Mackie Shilstone*

With The Fitness Principle, East Jefferson General Hospital launches an innovative series of programs designed to go beyond fitness, nutrition, disease management and/or lifestyle management. In the past, these various elements have been addressed individually. The Fitness Principle takes these elements along with your work schedule, family life, personality traits, family history, risk factors and disease or injury pre-disposition to formulate programs that treat you as a whole. Professional athletes, television personalities, CEOs and anyone who wants and demands optimum performance in their lives use the Fitness Principle programs. Developing a leaner body mass translates into much more than an improved appearance. The Fitness Principle can help you reduce stress, improve your sleep patterns, sharpen your cognitive skills, improve your memory, reduce your risk of cancers and other diseases and more. For more information, please call 504-457-3100.

### *Guest Services*

Guest Services is located on the first floor of the hospital across from Patient Financial Services. Guest Services is open Monday thru Friday, 8:00 am – 5:00 pm. In addition to the Guest Services Liaisons who visit patients, Guest Services offers the following services: fax machine, computer access, copier, grieving room, brochures on various services, and interpreters. The Guest Services Liaisons are also available to all patients and their family for any concerns. For more information, contact Guest Services at 504-454-4837.

### *HealthFinder*

HealthFinder provides free referrals and makes appointments for patients who call (504) 456-5000, a number that is well-known throughout the community. Representatives match patients to appropriate physicians based on healthcare needs, availability, location and the patient's insurance plan. To enroll, physicians must provide contact information and a list of insurance plans accepted by the practice. This service is provided at no charge to medical staff physicians.

### *Wellness Center*

The Wellness Center is a state-of-the-art fitness facility featuring cardiovascular and strength training, an aquatic area with two pools, an indoor walking/running track, and a variety of exercise and fitness classes. Call the Wellness Center at 504-849-6868 to arrange a tour of the facility or for more information on membership.